



MAMAS THAT ROCK

# Mamas that Rock // Jenny Wynter



**Tell us about your business or current role – where did the concept come from, and what’s your business background?**

I’ve always loved performing but when I had kids early, I thought “well, that’s the end of that!” But when I had two under the age of two I really started to feel like I was drowning. I started doing comedy shortly after and it was my lifeline, then it morphed into a career. A couple of years ago I launched Funny Mummies as an online community where Mums could come together to share laughter as stress and pain relief: I think of it as life’s epidural. We now produce comedy shows (we’re about to commence what will be the first Queensland performance tour since Covid hit!), have a comedy fund to support mums in comedy and I recently published my first book “Funny Mummy”.

**What time does a typical day start for you, and what does your morning look like?**

The daily “Relieving Bladder versus More Sleep” battle commences around 6.30am. I feed the cats, make tea, hop back in bed and do a bit of writing, make breakfast and

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### **What is your favourite thing to do for date night, or to eat out with your kids?**

Riding electric scooters around the Brisbane riverside. You feel like you're twelve again, but because they're powered there's zero effort involved. So basically it's like your twelve but you can surrender to the impulse to be lazy.

### **Where do you head when you need a girls' night out?**

I used to be a real let's-go-out-and-party girl but that was before I knew what a thyroid gland was. Nowadays I'd much rather go to my girlfriends' house to eat all the things, encourage a dance off, have shameless deep and meaningfuls and then pass out on the couch the minute you need to with zero judgement. #party

### **What's your must-know fashion or beauty tip for mums?**



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